

EMPOWER 

Mental Health & Work/Life



The need for compassionate mental health support has never been more important than it is now.

Employee productivity and performance are directly impacted by depression, stress, anxiety, and other emotional health issues. Support your workforce by giving them 24/7 access to our staff of Master's-level Care Managers for confidential help – saving lives, maximizing productivity, and reducing mental health costs.

Protect and empower your workforce | 24/7 Support • 250+ Languages • HIPAA-Compliant

- Virtual counseling and digital cognitive behavioral therapy (dCBT)
- AI and Natural Language Processing (NLP) turn member health data and interactions into actionable insights
- Counseling and referrals for issues like stress, anxiety, depression, relationships and substance abuse
- Knox-Keene Licensed in California



- Referrals to our national network of licensed therapists for ongoing support and care
- Work/life balance specialists locate eldercare and childcare, address financial and legal issues, and more
- Online/mobile resources including a personalized Legal Center, Financial Fitness and Savings Center, articles, webinars, workshops and other well-being tools

A partner for your HR and management teams for everyday challenges and during a crisis

Challenges such as employee conflicts, performance issues and critical incidents can paralyze your business. Protect your workforce, empower your managers, and strengthen your organization with in-the-moment crisis response and professional consultation and training services.

866.799.2655 | info@HealthAdvocate.com | HealthAdvocate.com

Health Advocate makes healthcare easier for over 12,500 organizations and their members by leveraging a combination of personal support, data and technology to engage people in their health and well-being.

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