

# Strategic Wellness Consultation

No cost for LVBCH members

It's no longer up for debate:  
healthier employees equal a  
healthier business.

How do you get started with a plan to improve employee and business well-being? You start with a “discovery” process to identify gaps that exist in employee health and how to satisfy them. BeneFIT Corporate Wellness, a service line of Populytics, is offering a complimentary strategic wellness consultation to assist you in determining what your employees need and what actions will make a difference.



## Through consultation, we provide program planning, strategy, and evaluation to help employers:

- ✓ Develop communications that will promote the program and engage employees.
- ✓ Learn how to start a wellness committee or increase meeting attendance.
- ✓ Implement a wellness champion program.
- ✓ Establish measurable wellness program goals.
- ✓ Start a program of sharing health education resources.

## There are three parts to BeneFIT's Strategic Wellness Consultation:



### **Confidential Needs and Interests Survey**

In our employee survey, we explore areas of interest regarding health and any special concerns employees may have. There is space for personal comments and suggestions and it's highly customizable based on your company's requirements.



### **Results-Based Review and Recommendations**

In this step, we illustrate the results of the survey in a report, so you can easily see how each point resonates with your employee population. The recommendations document spells out what services might be helpful.



### **Consultation**

In a follow-up session, our BeneFIT Health Educator walks you through the data and offers specific solutions that will achieve your goals. Services can stand alone, be combined to zero-in on issues uncovered in the survey, or be part of a total well-being program.

