



***“Understanding and Controlling Pharmacy Benefit Costs -
What You Can Do for Your Self-funded Clients”***

Program Schedule

11:30 am	Registration, Lunch & Networking
11:55 am	Welcome & Introductions (Carl Seitz)
12:00 noon	A PBM Primer - Where are the Bodies Buried? (John Adler)
1:00 pm	Rx Risk Management - A Comprehensive Program for Managing Cost (John Adler)
1:45 pm	Q&A Session
2:00 pm	Closing Remarks & Adjournment

Featured Speaker



John R. Adler
President, ELMC Rx Solutions, LLC
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John has 22 years of experience in pharmacy benefit management working for PBMs, audit & analytics firms and consulting firms. He established his current company seven years ago and became part of the ELMC group in 2017. He is currently a consultant for Taft Hartley Funds including the Delaware Valley Health Care Coalition (DVHCC), BCBS health plans, business coalitions, TPAs, insurance captives, and individual public and private sector plans.

In his role as a PBM RFP, contract and risk management expert, John has been invited to speak at national conferences for the International Federation of Employee Benefit Plans (IFEBP), Self-Insurance Institute of America (SIIA), the American Federation of Teachers (AFT) and the Society of Professional Benefit Administrators (SPBA).

John has been published and quoted in a number of publications, including Employee Benefit News, Human Resource Executive, Risk & Insurance and A. M. Best Week Magazine on PBM contracting issues and risk management/cost containment strategies.