

## **Lehigh Valley Business Coalition on Healthcare Q2 2023 Employer Meeting**

Thank you to those who were able to attend the Coalition's Employer Group meeting on June 13<sup>th</sup>. For those who could not attend or would benefit from a recap, here are some important takeaways from the meeting.

### **Annual Claims Review**

Dr. Robert Muscalus, Capital's Medical Director for Client Analytics, provided more than two years' worth of Coalition member claims utilization. Generally, his findings and analysis included the following points:

- Many key performance indicators, including total medical paid figures, indicated a utilization rate increase from 2019 to 2022. Tracking this increase in spending before, during and through the COVID-19 pandemic years appears to indicate that the trend may largely be due to members impacted by COVID-19 and those receiving care that was previously delayed by the pandemic.
- In looking at 2021-2022, inpatient admissions did decrease, but the average length of stay for those who did receive inpatient care increased.
- In-network utilization was +98%, with more than \$1.2B in Blue contractual savings.
- Nearly 58% of the membership is attributed to a provider in a value-based care arrangement.
- Provider distribution (i.e., top utilized providers) has continued to remain steady.
- Use of ambulatory surgical centers (ASC) was dominated by gastrointestinal (GI) services and ophthalmology.
- Other key areas of focus include maternity, mental health and wellness, preventive services and utilization management.

### **Save the Date!**

The next Capital/Coalition quarterly employer meeting will be on Tuesday, September 19<sup>th</sup> at 9am. More details in an invitation to follow, later this summer.

For more information on Capital Blue Cross programs and services, please contact your Capital Blue Cross account executive.