# Brand Power 

- No. 1 Health Nonprofit Brand of the Year
- One of America's GREATEST BRANDS
- $92 \%$ of consumers recognize the brand name
- AHA is ranked among the top $10 \%$ of all brands for quality (profit and nonprofit) (Haris Equitrend, 2014)
- One of the TOP FIVE "best liked" causes
- Meets ALL 20 STANDARDS for Charity Accountability
- $\mathbf{6 8 \%}$ of consumers like or love the brand
- $20 \%$ of consumers have interacted with the brand and $22 \%$ have an emotional connection


## 20 BILLION

hear about AHA/ASA in the media each year

## 469 MILLION

are empowered through our advertising

### 4.2 MILLION

Connect with us daily through 52 national and 436 affiliate social communities

## 3,000 PER DAY

the amount of times AHA/ASA is mentioned by consumers through social media

## OUR MARKS

 THE AMERICAN HEART ASSOCIATION IS THE AUTHORITY MOST TRUSTED by consumesis to DECIDE IF A PRODUCT MAY DISPLAY A NUTRITION MESSAGE OR MARK.
$71 \%$ of consumers recognize the Heart \& Torch 98\% of consumers have a favorable reaction to the logo
$90 \%$ of consumers are more likely to buy a product with the AHA logo on it

The Heart-Check mark is used by
72 million adults ( $30 \%$ of the population)
to make decisions about selecting foods and beverages

## THE IMPACT OF YOUR DOLLAR

> The American Heart Association funds more research than any U.S. organization except the federal government. In all, we spend nearly 80 cents of every dollar on research, education and community outreach.

## RESEARCH

Research dollars support scientific studies seeking new discoveries related to causes, prevention and treatment of heart disease and stroke.

## $36.4 \%$ PUBLIC HEALTH EDUCATION

We help people identify warning signs for heart attack and stroke, provide resources to help people reduce risk for cardiovascular diseases and stroke, and embrace healthy behaviors.

- Websites, social media and digital resources
- Consumer publications and call center
- Health initiatives, programs and support materials
- Public service announcements and campaigns
- Health fairs and a speakers bureau


## PROFESSIONAL EDUCATION \&TRAINING

Activities, projects, scientific conferences, training courses and programs are designed to improve knowledge, skills and critical judgment for healthcare providers.

- Websites, social media and digital resources
- Professional education programs and events
- CPR/AED training for professionals
- Development of scientific guidelines and standards
- Systems guidelines for hospitals to improve care for STEMI and stroke patients and treatments


This chart depicts the financial activities of the American Heart Association, American Stroke Association, fiscal year ended June 30, 2014.

## 6.7\% COMMUNTY SERVICE

Focused on detection of cardiovascular diseases and stroke-related problems; planning and improving community health practices; conducting rehabilitative programs; and supporting special clinical studies.

- Public training CPR/AED
- Advocating for policies to improve health outcomes
- Health screenings and counseling
- Stroke Sharegivers Peer Visitor program


## 8.6\% MANAGEMENT AND GENERAL

Representing general operating expenses for directing the affairs of the American Heart Association.

- Customer relations management
- Finance
- Human resources
- Information technology services


## 12.3\% FUNDRAISING

Most of the association's campaigns and events are a combination of fundraising and health education activities or materials for soliciting financial support for the American Heart Association's mission, plus related expenses.

## MALKINE A

 DILEEERENCE INVESTMENT IMPACT AT A GLANCEAmerican Heart Association

# Reduced CVD MORTALITY 70\% 

Since 1968

Reduced CVD MORTALITY " $31 \%$<br>From 2002-2012

Reduced STROKE MORTALITY
by 30
From 2002-2012

Trained over 16 million

Americans in CPR
in one year

## Funded

LIFESAVING ADVANCEMENTS:

- Artificial Heart Valve
- Cholesterol-Inhibiting Drugs
- Heart Transplant Capabilities
- CPR Techniques \& Guidelines

Cob
More than
30 million
VOLUNTEERS \& SUPPORTERS

24 STATES


HIGH SCHOOL GRADS
over 1 million
TRAINED IN CPR ANNUALLY

## LLALINC

 DILEEERENCE INVESTMENT IMPACTAmerican Heart Association

## RESEARCH

## FUNDED \$3.7 BILLION IN RESEARCH

Since 1949

$\uparrow$Currently FUNDS more than 2,000 SCIENTISTS around the United States.

Our research programs have contributed to many important scientific advances:


FIRST ARTIFICIAL HEART VALVE
TECHNIQUES AND STANDARDS FOR CPR
(D) IMPLANTABLE PACEMAKERS

TREATMENT FOR INFANT RESPIRATORY DISTRESS SYNDROME
(D) CHOLESTEROL INHIBITORS
(D) MICROSURGERY
(D) DRUG-COATED STENTS

Although we funded 973 new research awards in 2013-14, we didn't have the additional \$191.8 million to cover 1,195 other highly meritorious grant and fellowship applications.


STRATEGIC RESEARCH NETWORKS
Current Initiatives

Funding two Strategically Focused Research Networks (SFRN) each year, every six months.

The next SFRNs will focus on

## WOMEN <br> and HEART FAILURE.

The AHA is interested in the science community exploring all aspects of these two topics, which can assist the AHA in reaching its 2020 Goals and overall mission of building healthier lives free of cardiovascular diseases and stroke. To that end, the AHA pursues research from the basic, clinical and population sciences.

## A NETWORK

is composed of


3 TO 4 INSTITUTIONS/CENTERS


WORKING ON 3 PROJECTS EACH

## focused on one of the following

 STRATEGIC AREAS:BASIC SCIENCE DISCOVERY

A
CLINICAL SCIENCE DISCOVERY
S POPULATION SCIENCE DISCOVERY

## Whalling a

 DIFFEERENCE INVESTMENT IMPACTAmerican Heart Association

American
life is why ${ }^{\text {" }}$

## WOMEN

### 1.5 MILLION

## WOMEN STANDING STRONG

to end the
N0.1 KILLER OF WOMEN
$\mathbf{9 0 \%}$ of women who sign up for Go Red make at least 1 healthy behavior change

- 

$50 \%$ lose weight
$50 \%$ get regular physical exercise
\% 60\% change their diets
-40\% check their cholesterol levels
$33 \%$ talk to their doctors about heart health plans

670,000 LIVES SAVED
since the launch of GO RED in 2004
fewer women are dying per day fewer American women now die from heart disease
more Americans know that heart disease is the No. 1 killer of women

1. Awareness has DOUBLED among Hispanic women
2. Awareness has TRIPLED among African-American women
[^0]AFRICAN-AMERICANS


## Power To End Stroke NEWSLETTER DISTRIBUTION

## Power To End Stroke

 AMBASSADORSThose people impacted by, and who engage with, the 40,000 Power To End Stroke Power Ambassadors

## WLALINC: <br> A

life is why"

## AMERICAN STROKE ASSOCIATION

 STROKE GOAL: 12,233

LIVES SAVED IN 2020


## Value Proposition

## SURVIVOR AND GARECHVER

AHA/ASA is a trusted source that will guide and support me so that I can live healthier, longer and better.

PROFESSIONAL AHA/ASA is a credible source for stroke research, science and quality health care.


Our Impact


BRAND RELEVANGE
$92 \%$ aided awareness of the AHANASA brand

## $16 \%$ unaided

awareness of the
AHA/ASA
No. 1 Health
Nonprofit by 2013 Harris Interactive Survey

## $88 \%$ vew the

AHA/ASA as a trusted and credible source
$\mathbf{2 4} \%$ likely to turn to AHAVASA for brain health information

1st place recoontition
for 2014 World Stroke
Day Campaign by the
World Stroke Organization

MAKE A HEALTH: IMPAGT
$76 \%$ of all Americans have access to timely quality stroke care

- 1,714 GWTG-Stroke hospitals, 82 Comprehensive Stroke Centers, and 1055 Primary Stroke Centers


## $36 \%$ recognize the

 F.A.S.T. acronym
## $52,3 \%$ of Americans

with hypertension have their blood pressure under control
$29 \%$ of tobacco users have coverage for cessation treatments

Stroke is the No. 5 killer in the U.S.

## KIDS



## 30 MILLION KIDS

$\psi$ are eating

HEALTHIER SCHOOL MEALS
because of our work with the USDA


AHA worked with the USDA to UPDATE SCHOOL NUTRITION STANDARDS and effectively countered attempts by Congress to weaken them.

CPR



Trained Over 16 MILLION AMERICANS IN CPR
IN ONE YEAR
Giving millions of people the knowledge and confidence to act in a cardiac emergency and help save a life.

## LEADING CAUSE OF DEATH CARDIAC ARREST

EACH YEAR, OVER 326,000 CARDIAC ARRESTS OCCUR OUTSIDE OF HOSPITALS IN THE U.S.

Survival depends on immediately getting CPR from someone nearby.

Most Americans feel helpless to act during a cardiac emergency because they don't know CPR.

## 90\% OF PEOPLE WHO SUFFER OUT-OF-HOSPITAL

 CARDIAC ARRESTS DIE.CPR, especially if performed immediately, can double or triple chance of survival.

## 70\% OF CARDIAC ARRESTS OCCUR AT HOME

The life you save is most likely to be a loved one.

## Quality for Hospitals



## 5 MILLION PATIENTS

have been treated at


Cetwiththe GUIDELINES.

## over 2,500 gwtg

 PARTICIPATING HOSPITALS
of the
NATION'S
HOSPITALS

## participate in at least one Get With The Guidelines ${ }^{\circledR}$ <br> QUALITY IMPROVEMENT MODULE

Many participate in two or more modules.


## 完 мпн GUIDELINES.

## How has Get With The Guidelines (GWTG) in hospitals transformed care?

- Hospital participation in GWTG is linked to rapid and lasting improvements in research-based care.
- Improved patient care attributed to GWTG.
- Participating hospitals have demonstrated lower 30-day readmission rates.
- Preventive guidelines on smoking-cessation counseling, cholesterol-lowering medication and hospital-discharge instructions help reduce future healthcare costs.


## Advances in Care through GWTG results

- Beta blocker therapy shortens hospital stays, lowering 30-day readmissions and reducing mortality rates among older patients.
- Identifying correlation between lowest post-hospitalization patient follow-up rates and highest 30-day hospital readmission rates.
- Demonstrates value of National Institute of Health's Stroke Severity Scale in predicting stroke patient outcomes after leaving the hospital.
- Revealed underuse of implantable cardiac defibrillators in female and black patients as compared to white males spurred successful GWTG efforts toward eliminating the disparity.

American Heart Association

American Stroke Association.

American Heart Association SUPPORTED LEGISLATION that ensures



Advocate for


HEALTHIER COMMUNITIES

states



## Lifesaving

 PULSE OXIMETRY SCREENINGto detect congenital heart defects in newborns.


Our advocacy has reduced tobacco use and exposure to secondhand smoke.

## 205 million

Americans now live in states or communities with smoke-free restaurants and bars.
Inspired millions of adults and adolescents not to smoke and improved the average health of the population by advocating for higher tobacco excise taxes.

## Comprehensive tobacco

 cessation benefitsincluded in insurance plans help 700,000 more adults to quit each year.

## A LEADING ADVOCATE

## for the <br> TOBACCO CONTROL ACT

which granted the FDA authority to regulate the manufacturing, distribution, sale, labeling, advertising and promotion of tobacco products and ensuring the FDA issues strong regulations to carry out the law.

## APPENDIX

## DIFEEERENCE INVESTMENT IMPACT

# RESEARCH - APPENDIX 

PUBLIC


At least 28 CENTS OF EVERY PUBLICLY DONATED DOLLAR to our seven affiliates is channeled into research.

RESEARCH $\quad 13^{c}$ supports the association's National Research Program at least $15^{\text {c }}$ supports the Affiliate Research Program

| Program | 2014 <br> New <br> Award | 2014 New <br> Award <br> Commitment in dollars | Continuing Awards | Description |
| :---: | :---: | :---: | :---: | :---: |
| Undergraduate Research Fellowship | 37 | \$391,500 |  | Three affiliates help students initiate careers in cardiovascular and stroke research. |
| Medical Student Research Fellowship | 7 | \$150,400 | 6 | Western States Affiliate encourages promising students to consider an academic career in cardiovascular disease and stroke research. |
| Innovative Science Award | 4 | \$800,000 |  | One-time Western States Affiliate award for initiation of highly innovative, highrisk, high-reward research that could ultimately lead to critical discoveries or major advancements accelerating cardiovascular and stroke research. |
| Predoctoral Fellowship | 232 | \$11,330,000 | 185 | All affiliates help students initiate careers in cardiovascular and stroke research. |
| Postdoctoral Fellowship | 232 | \$21,238,986 | 207 | All affiliates provide training for and encourage the pursuit of research careers. |
| Fellow-to-Faculty Transition Award | 10 | \$5,929,943 | 29 | National program to provide funding for beginning physician-scientists with outstanding potential for careers in cardiovascular and stroke research. |
| Mentored Clinical and Population Research Program | 35 | \$5,305,641 | 39 | All affiliates and the National research Program encourage early investigators to engage in high quality introductory and pilot clinical and population studies. |
| Scientist Development Grant | 120 | \$36,024,791 | 384 | Helps promising beginning scientists move from completion of research training to independent investigators. |
| Beginning Grant-in-Aid | 43 | \$6,023,864 | 41 | Four affiliates promote the independent status of promising beginning scientists. |
| Innovative Research Grant | 14 | \$2,100,000 | 18 | National program to support highly innovative, high-risk, high-reward research that could ultimately lead to critical discoveries or major advancements that will accelerate the field of cardiovascular and stroke research. |
| Grant-in-Aid | 194 | \$30,278,894 | 193 | Six affiliates support innovative, highly meritorious cardiovascular and stroke research projects from independent investigators. |
| Established Investigator Award | 10 | \$3,999,998 | 32 | National program to support mid-term investigators with unusual promise, an established record of accomplishments, and a demonstrated commitment to cardiovascular or cerebrovascular science. |
| Bugher Foundation Stroke Center | 11 | \$7,248,000 |  | Collaboration of basic, clinical and population researchers from different specialties, whose collective efforts will lead to new approaches to prevent and treat stroke. |
| Collaborative Sciences Award | 4 | \$2,999,866 |  | National program funds research goals that can only be achieved through innovative collaboration among disparate disciplines. |
| Mentor/AHA Mentee Award | 4 | \$180,000 |  | National program for qualified mentors to support new research in areas by earlycareer scientists, with a special focus on underserved minorities. |
| Strategically Focused Research Network | 16 | \$14,836,433 |  | National program promotes multi-institutional, multidisciplinary collaboration directed toward a key strategic issue. |

## DIFEERRENCE INVESTMENT IMPACT

# FUNDED NOBEL PRIZE WINNERS 

## Peter Agre, M.D.

Recipient of the 2003 Nobel Prize in Chemistry. Dr. Agre was awarded the Nobel Prize for his discovery of aquaporins, proteins that govern the movement of water in and out of cells.

## Michael Brown, M.D., \& Joseph Goldstein, M.D.

 Co-recipients of the 1985 Nobel Prize in Physiology or Medicine for their research on the role of low-density lipoprotein receptors in controlling blood cholesterol levels. Their research provided new insights into the ways fatty cholesterol enters body cells and why cholesterol levels may become too high.
## Mario Capecchi, Ph.D.

Recipient of the 2007 Nobel Prize in Physiology or Medicine, received American Heart Association Established Investigator Award funding from 1969-73. Dr. Capecchi was awarded the Nobel Prize for his discoveries in gene targeting.

## Martin Chalfie, Ph.D.

Recipient of the 2008 Nobel Prize in Chemistry. Dr. Chalfie's AHA-funded work used a green fluorescent protein (GFP), a visualization technique that has had a huge impact on our understanding of cellular structure and function of many cell types, including heart cells.

## Carl Cori, M.D., \& Bernardo Houssay, M.D.

Recipients of the 1947 Nobel Prize in Physiology or Medicine (along with Gerty Cori, M.D.), received American Heart Association funding in 1959.

## Robert Furchgott, Ph.D.

1998 recipient of the Nobel Prize in Physiology or Medicine, received American Heart Association funding from 1952-54. Dr. Furchgott was awarded the Nobel Prize for his discovery, along with Louis Ignarro, Ph.D., and Ferid Murad, M.D., Ph.D., of nitric oxide - a colorless gas that makes blood vessels dilate by relaxing the vessels' smooth muscles.

## Edwin Krebs, M.D.

1992 recipient of the Nobel Prize in Physiology or Medicine. Dr. Krebs received the Nobel Prize, along with Edmond Fischer, Ph.D., for their discovery of how proteins are switched on to perform functions within cells.

## Robert Lefkowitz, M.D.

Co-recipient of the 2012 Nobel Prize in Chemistry for studies of G-protein-coupled receptors. Studies of this kind have been instrumental in the development of more effective drugs to treat cardiovascular disease and other illnesses.

## Ralph Steinman, M.D.

Recipient of the 2011 Nobel Prize in Physiology or Medicine for his discovery of dendritic cells and their role in adaptive immunology. The basic insights provided by his work have also been critical in the field of cardiac (or organ, including heart and lung) transplantation.

## Earl Sutherland, M.D.

1971 recipient of the Nobel Prize in Physiology or Medicine. Dr. Sutherland received the Nobel Prize for identifying cyclic AMP as the intra-cellular messenger.

## Albert Szent-Gyorgyi, M.D.

1937 Nobel Prize recipient in Physiology or Medicine, received the first American Heart Association-supported research grant in 1948. The \$25,000 grant covered equipment and staff salaries. Szent-Gyorgyi received a second American Heart Association grant (for \$10,000) in 1949. Both grants enabled him to do fundamental studies on muscle energetics.

WhALING A

## The Heart-Check Mark

The HeartCheck Mark helps $\mathbf{7 2}$ million adults choose healthy food and beverages

## American Heart Association

CERTIFIED
Meets Criteria For Heart-Healthy Food


## 3.5 million

people visit Heart.org each year for healthy recipes and nutrition tips


## Fit-Fitiendly Worksites

## 11 million

 employees work in AHA Fit-Friendly Worksites

Our tools help worksites bring healthier food and beverage options to nearly

5.5 million

YES, WE CAN DO MOLE. EUR ONLY WLZLK YOUR LKLELEL

## MAKING- <br> DIFFERRENCE KIDS

American American Heart Stroke Association

Association。


More than
 That's more than $1 / 3$ ol' l schoos.


13 million healthier school meals, including those in pre-school, are being served each day.

10 million kids participate in Jump Rope For Heart and Hoops For Heart

24 states now require
CPR "Renin in high schools. This increases the


## Awareness campaigus



Childhood Obesity Awareness campaign reaches
over 1-3 Millon oeope each September.

## Beverege Consumpriton


$\begin{array}{ll}\text { Our efforts } \\ \text { via the } & \begin{array}{l}\text { Allancefora } \\ \text { HEALTHIER } \\ \text { GENERATION }\end{array}\end{array}$
enabled us to take
$90 \%$ of beverage calories out of schools

YES, WE OAN DO MORE.
EUK ONLY WLILH YOULZ LIELLE. Kids are why. Life is why. You are how.

## Amareness



Every February, American Heart Month and National Wear Red Day reach billions of women, building awareness of heart-healthy lifestyles.


Since Go Red For Women began, heart-disease deaths have been cut by $30 \%$, saving 275 lives every day and 670,000+ total saved lives.

## Go Red For Women

## 2 million

have learned their heartdisease risk through the Go Red Heart CheckUp.


90\% of women who sign up for Go Red make at least 1 healthy behavior change
(ii) $50 \%$ lose weight.
(1-) $50 \%$ get regular physical exercise.
(3) $60 \%$ change their diets
(H0) $40 \%$ check their cholesterol levels.
(4) $33 \%$ talk to their doctors about heart health plans.

Go Red For Women has raised ${ }^{\text {§ }} \mathbf{3 5 0}$ million for research and education, which helped swifter action to improve heart health.


[^0]:    \}. Among American women, SMOKING has decreased by 15\%
    A. Among American women, high cholesterol has decreased by 18\%

