

# Insights on How to Manage Pharmacy Trend

LVBCH Broker Webinar || October 20, 2020





Prepared for

#### WellDyne Presenters



#### Nick Page Chief Pharmacy Officer

Joining WellDyne as Vice President of Clinical Services in 2012, Nick Page was later promoted to Vice President, Specialty Pharmacy and now serves as the company's Chief Pharmacy Officer. With an extensive background in pharmacy operations and

clinical pharmacy management, Nick has built a solid track record in strategic planning, business unit development, and innovative program and product development. In his current role he oversees all aspects of clinical strategy for the company, including product development, formulary management, trend analysis and clinical program execution.

In previous roles, Nick held executive-level clinical leadership positions at MedImpact, PMSI (an Amerisource Bergen company), PBM Plus (an Omnicare company) and OhioHealth. He holds a Bachelor's of Science degree in Pharmacy and earned his PharmD from The Ohio State University. Nick has also completed a post-doctoral ambulatory care residency at The Ohio State University.



#### Patty Taddei-Allen Sr. Director, Clinical Analytics

Patty Taddei-Allen is responsible for the WellDyne clinical value proposition and clinical programs for the company's PBM and specialty pharmacies. She oversees outcomes research and the residency program.

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In 2013, Patty joined WellDyne as a Clinical Pharmacist. Progressing through management roles in clinical operations and outcomes research, she was named to her present position in 2019. Patty also lectures as a Clinical Assistant Professor at the University of Florida-College of Pharmacy and Adjunct Faculty Instructor at Lake Erie College of Osteopathic Medicine. Previously, she practiced community pharmacy at CVS Health.

Patty serves on the Editorial Advisory Board of the Journal of Managed Care and Specialty Pharmacy (JMCP) and is a peer-reviewer for JMCP. She is a voting member of the Pharmacy Health Information Technology (HIT) Collaborative Value Set Committee and serves on the Board of Pharmacy Specialties Specialty Council on Pediatric Pharmacy.

Patty received her Bachelor's degree from the University of South Florida, and her Doctor of Pharmacy and MBA from the University of Florida. She is dual board-certified as an Ambulatory Care Pharmacist (BCACP) and Geriatric Pharmacist (BCGP).

# Agenda

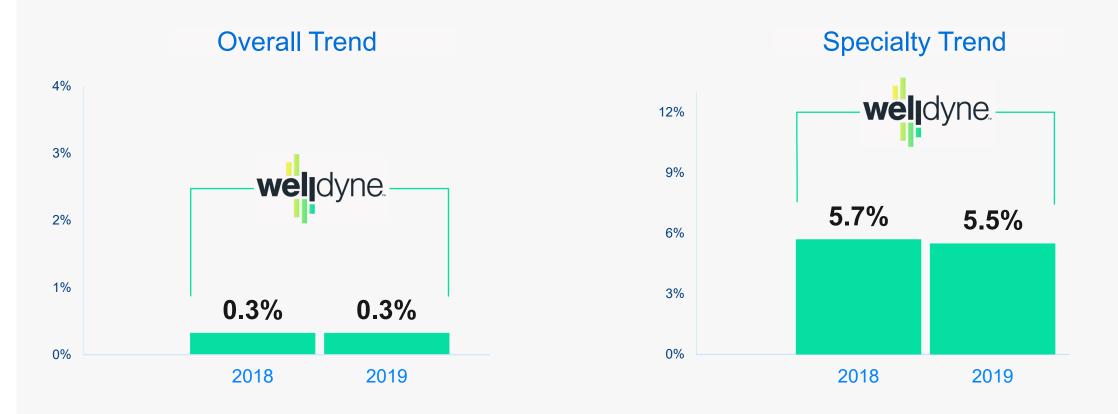
- 1. Better Cost
- 2. Better Engagement
- 3. Better Care
- 4. Clinical Review
- 5. Future Trends



### **Better Cost**



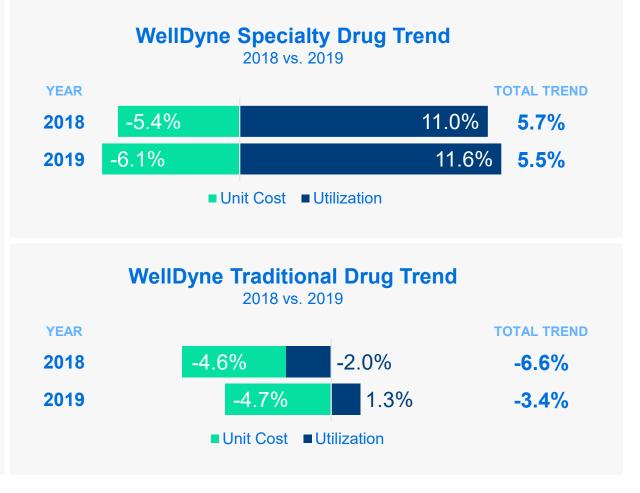
### Consistent success managing drug trend



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### Specialty Vs. Traditional Drug Spend

- Increases in trend are due to increases in utilization, not unit cost
- Specialty continues to be the main driver of overall spend
- Decreases in Traditional drug were due to new generics
  - Pregabalin (Lyrica)
  - Tadalafil (Cialis)





### Top Therapeutic Categories: By Spend

- Inflammatory Conditions include
  - Rheumatoid Arthritis
  - Psoriasis
  - Crohn's Disease
  - Ulcerative Colitis
- Negative trend in MS driven by
  - Increased use of generic Copaxone
  - Patients likely switching to IV Ocrevus

#### **2019 Top Ten Therapeutic Classes** SPECIALTY AND TRADITIONAL COMBINED

<b>2019 Rank</b> (2018)	Therapeutic Class			Trend	% of Spend
- 1 (1)	Inflammatory Conditions	0.4%	12.1%	12.5%	17%
- <b>2</b> (2)	Diabetes	3.7%	11.5%	15.2%	15%
- <b>3</b> (3)	Oncology -3	8.2%	0.2%	-3.0%	7%
<b>4</b> (5)	Multiple Sclerosis -	2.5%	-2%	-4.5%	5%
1 5 (4)	Respiratory -15%		3.5%	-11.5%	5%
- 6 (6)	Mental Health -	2.5% 📃	2.8%	0.3%	4%
<b>3</b> 7 (10)	Cholesterol	-6.3%	2.3%	-4.0%	3%
- 8 (8)	Hypertension -11.	9%	2.1%	<b>-9.8%</b>	3%
<sup>2</sup> 9 (7)	Pain/Inflammation -6.3%	6	-2.7%	-9.0%	3%
<mark>⁺</mark> 10 (9)	Anticonvulsants -11	.3%	-0.1%	-11.2%	3%
■ Unit Cost ■ Utilization					

### WellDyne Formulary and Utilization Management

#### Clinical Focus Formulary

- Targeted exclusions with Indication-based formularies for specialty disease
- WellManaged-Generics
  - Targeted use of first-line generics in therapeutic categories, such as hypertension and cholesterol
- Hyperinflationary Drug Program
  - Eliminates waste of healthcare dollars for medications that are egregiously overpriced with no additional clinical benefit

# 6%

lower PMPY with exclusion-based formulary

11%

Iower PMPM with WellManaged Generics

80%

decrease in HI drug spend with Hyperinflationary Drug Program



## **Better Engagement**



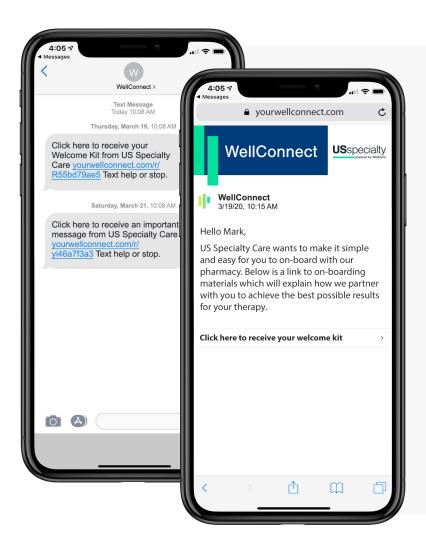
### Personalized, high-tech member engagement

### WellConnect turns text messages into positive actions

- Uses the communication method most consumers prefer
- Promotes member savings, better health outcomes and increased satisfaction
- Provides personalized, timely, secure and actionable updates regarding:
  - Education

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- Cost savings
- Adherence support
- Tips and reminders



>50% Patient education messages viewed

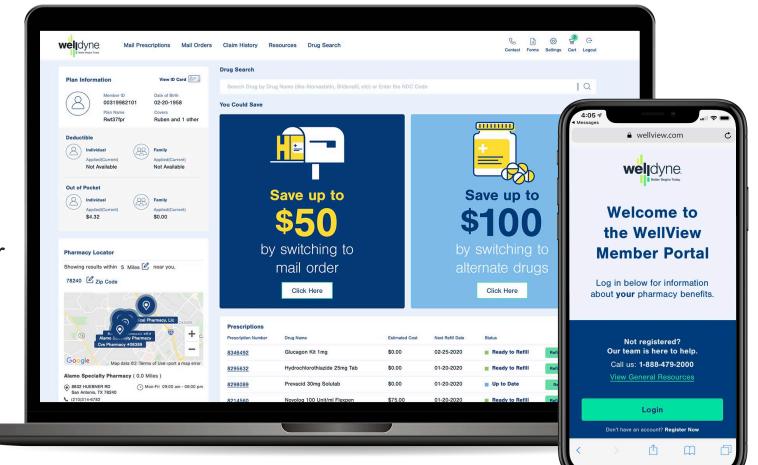


### Self-service technology for members

# WellView member portal and mobile app

- Drug pricing transparency
- Real-time savings opportunities
- Full mail order support
- Digital ID card and pharmacy locator
- Deductible and OOP monitoring
- Manage family prescriptions
- Drug resource library
- Formulary integration

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### **Better Care**

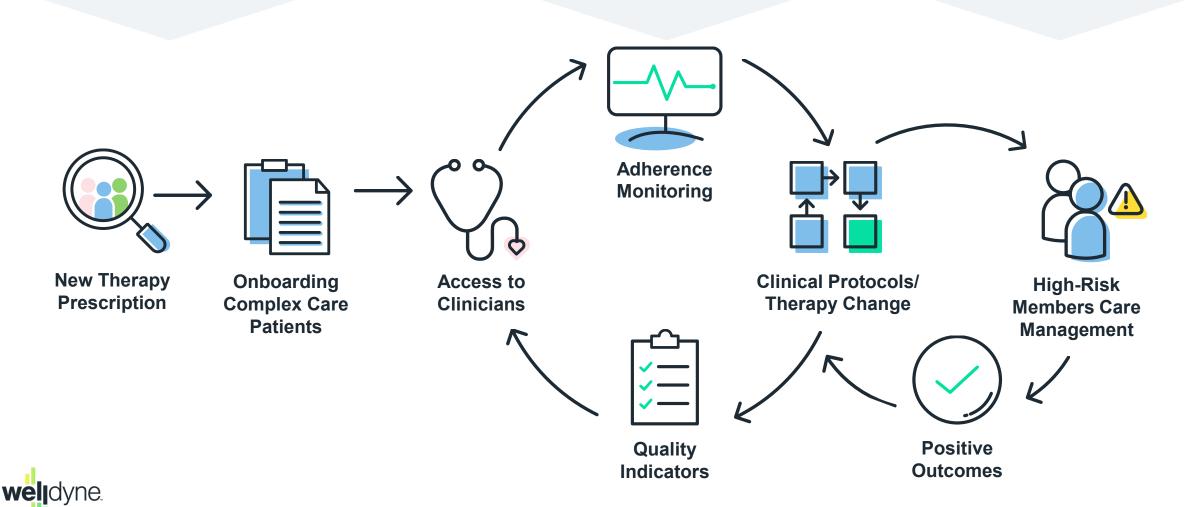


### Our goal: Well-controlled, adherent members

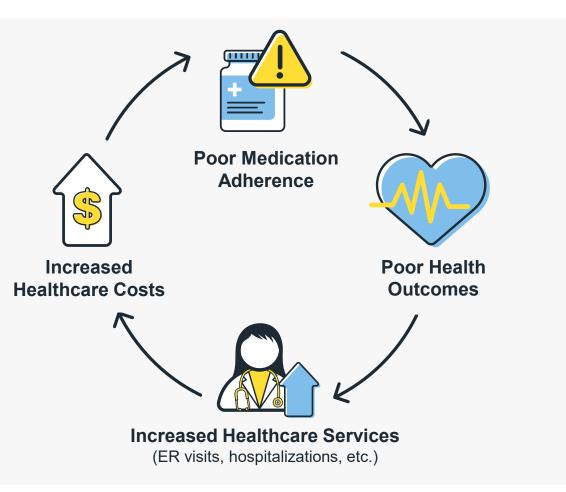
**New Therapy Starts** 

**Controlled Members** 

**At-Risk Members** 



#### The costs of medication non-adherence



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Deaths occur annually (Non-adherence is the 4<sup>th</sup> leading cause of death in the U.S.)

## \$600B+

From non-adherence and non-optimized drug therapy per year

20-30%

Of medications are **never** filled

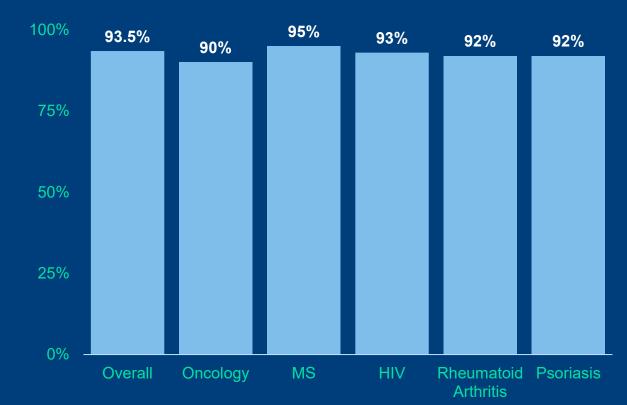
50%

Of medications are **not taken** as prescribed

### Achieving exceptional medication adherence

- Targeted approach using high-touch and high-tech services
- Educate patients about their dosing schedule and potential side-effects
- Personalized coaching to develop a consistent medication-taking habit
- Digital tools that allow quick and easy medication refills

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2019 Medication Adherence\*

\*Percent of patients adherent to treatment

### Better Care Means...Optimized Medication Therapy

#### WellManaged Respiratory Program

- Our respiratory pharmacist scheduled a patient counseling session with a 57-year old female using multiple inhalers for COPD
- After review of her medical history and active medications, the pharmacist recommended using a formulary product that combined both medications into one inhaler
- Patient's prescription changed, eliminating one inhaler and potential barriers to adherence



Improved adherence with simpler treatment and fewer doses to remember



Improved the ease of use with only one type of inhaler to learn and manager



Saved money by eliminating the monthly cost – to the patient and the plan – for the second inhaler

### **Clinical Review**



### Top Drugs By Spend

- Humira continues to be the top drug used
- Cosentyx moved up 9 spots from previous year
- Eliquis experienced one of the biggest jumps

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2019 (2018)	TOP DRUGS	CATEGORY
<b>1</b> (1)	Humira Pen	Inflammatory Conditions
<b>2</b> (3)	Stelara	Inflammatory Conditions
<b>3</b> (5)	Trulicity	Diabetes
<b>4</b> (2)	Enbrel Sureclick	Inflammatory Conditions
<b>5</b> (8)	Jardiance	Diabetes
<b>6</b> (4)	Tecfidera	Multiple Sclerosis
<b>7</b> (16)	Cosentyx	Inflammatory Conditions
<b>8</b> (6)	Januvia	Diabetes
<b>9</b> (19)	Eliquis	Anticoagulant
<b>10</b> (11)	Revlimid	Oncology



### **Top Drugs By Utilization**

- Atorvastatin remains top utilized medication
- Omeprazole jumped 9 spots in utilization
  - Likely due to shift away from more expensive agents like Dexilant

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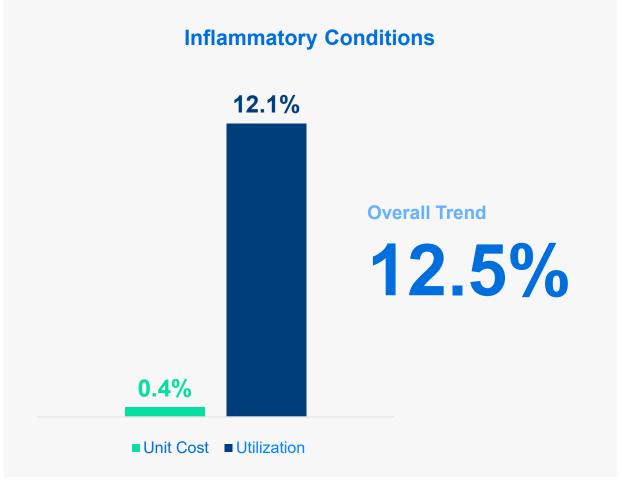
 Most drugs are used in hypertension, since patients typically need multiple drugs to manage that disease state

2019 (2018)	TOP DRUGS	CATEGORY
<b>1</b> (1)	Atorvastatin	Cholesterol
<b>2</b> (3)	Levothyroxine	Thyroid
<b>3</b> (5)	Lisinopril	Hypertension
<b>4</b> (2)	Amlodipine	Hypertension
<b>5</b> (8)	Losartan	Hypertension
<b>6</b> (4)	Metformin	Diabetes
<b>7</b> (16)	Omeprazole	Heartburn/ulcer
<b>8</b> (6)	Montelukast	Respiratory
<b>9</b> (19)	Metoprolol Succinate ER	Hypertension
<b>10</b> (11)	HCTZ	Hypertension

### **Inflammatory Conditions**

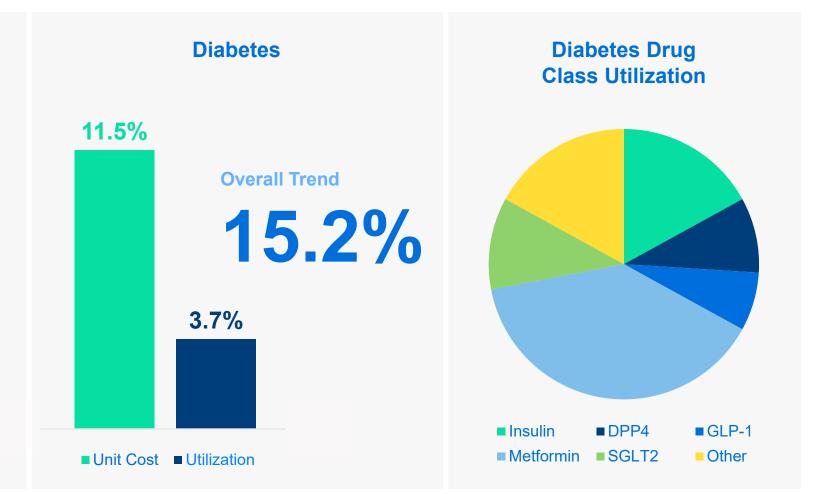
- 12.5% trend driven almost entirely by increased utilization
- Unit cost remained relatively flat
- New therapies used to treat psoriasis and rheumatoid arthritis
  - Skyrizi
  - Rinvoq
- Increases in drugs used to treat psoriasis
  - Cosentyx
  - Tremfya
  - Taltz

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### Analysis of utilization patterns for diabetes

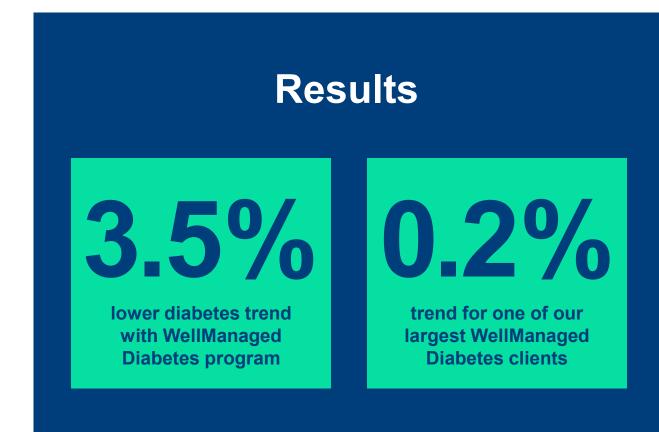
- Insulin and DPP4 utilization decreased
- GLP1 and SGLT2 utilization increased
  - Trulicity and Jardiance utilization increased, while Januvia utilization decreased
  - Lantus no longer one of top 5 drugs utilized





### WellManaged Diabetes: program results

- Diabetes will continue to be a trend driver into the future
- 34 Million Americans have DM
  Only 80% know they have DM
- Program is multi-faceted
  - Includes CDC Recognized National Diabetes Prevention Program element





### **Future Trends**



### Future Trends: Keeping Watch on the Industry

- Digital therapeutics
- Gene therapies
- Biosimilars
- HIV Pre-Exposure Prophylaxis (PrEP) Therapy

WellDyne is closely monitoring gene therapies in phase II and phase III clinical trials for treatment of Duchenne muscular dystrophy, lysosomal storage disorder MPSIII, and other rare genetic diseases.



### Future Trends: FDA Pipeline Highlights

- Ocaliva
- ITCA 650 (Exenatide) for diabetes
- Inclisiran for cholesterol
- Viaskin for peanut allergy
- GLPG0634 (Filbotinib) for rheumatoid arthritis

If approved, Viaskin would be the first patch (with allergan) for peanut allergy desensitization in children.



### We focus on specialty pharmacy and chronic disease

#### Engage Patients & Physicians



High-Value Disruption



Low Net Cost Strategy





## **Summary and Questions**

#### **Download our full 2020 Trend Report**

welldyne.com/our-drug-trend-report







# Thank you!