

About Integrated Behavioral Health

Integrated Behavioral Health (IBH), founded in 1988, is a national, managed care and worksite wellness organization serving over 7 million members. Supporting 30,000 companies and unions in both the public and private sectors, IBH is one of the largest managed behavioral health firms in the United States and has been partnering with LVBCH members since the 1990's.

IBH delivers best-in-class services using our own staff of licensed masters and doctoral level case managers, health coaches, dietitians and nurses. Partnering with our national, highly credentialed provider network, 90% of our members recover from their behavioral health condition. IBH reduces your business risk and claims liability with an integrated approach leveraging a behavioral health focus to positively impact physical health and vitality.

Recognition



Employee Assistance & WorkLife Resources

Workplace solutions for management, supervisors, employees, and families to maintain productivity, safety, and life balance. 3 to 6 face-to-face visit models, unlimited telephonic counseling, management of mandatory referrals, unlimited onsite training/ CISD, 30 minute legal consultations and 30 days of customized financial coaching are included.

Worksite Wellness

Offering the first NCQA-accredited and statically validated health risk inventory in the country, our program includes promotion, competitions, onsite coaching, tracking compatibility with over 200 wellness devices and online programs and resources.

Managed Behavioral Health (TPA)

(Carve-out Mental Health Benefits for Self-Insured Employers and Payers)

Utilization, case, and network management backed by clinical excellence and customer service, it's integrated seamlessly with the EAP. IBH delivers 90% recovery rates and a claims avoidance of \$63 per utilizing member per month. Doctoral level, multi-disciplinary education and coaching for self-monitoring and self-care as well as coordination with treating professionals and specialty providers. To protect our clients' financial exposure, submitted claims are reviewed by our doctors to ensure providers are billing appropriately.

Opioid Patient Program

To improve quality of life, eliminate opioid dependency, and reduce medical and workers comp claims' costs, IBH has developed a specialty treatment program for claimants with opioid use or abuse. The program's overall goal is functional restoration which requires collaboration with various medical disciplines and behavioral health modalities and interventions.

**IBH's 90% Member
Recovery Reduces Your
Claims Liability**

"Comorbid depression results in elevated total healthcare costs, averaging **\$505** per comorbid member per month across all chronic medical conditions"

*Milliman Research
Report, July 2008*

Resilience Coaching

Doctoral level coaching offers an active personalized model focused on stress-management skills building and unlocking of motivational barriers for individuals stuck in patterns of unproductive or unhealthy living.

Behavioral Health Risk Management

Monitoring and testing for those with substance abuse issues, we offer a comprehensive solution for employers, licensing boards, and professional associations to maintain safety and keep trained, experienced workers employed.

Psychiatric Disability Validation & Management

IBH staff doctors provide peer-to-peer case review and apply a proprietary, social media scrubbing logarithm that flags suspect cases to ensure your disability dollars are going to those who truly deserve support.

TeleEAP & HIPAA Compliant Videoconferencing

Alternatives for patients, providers and employers to improve access to professional medical and psychological resources.

Screening Tools & Text Based Intervention

Patient focused interactive tools that help providers deliver better care in and out of the exam room.

Our Partners



Thank You for Considering IBH

IBH appreciates that you recognize the quality of its programs. As your partner, we are committed to focusing on quality and value to discover the most appropriate resources to meet the immediate and changing needs of your organization. IBH looks forward to discussing your options and implementing a suite of programs that best addresses your population.

For more information:

Joe Bosche – S.V.P., Business Development

717-503-9323

joe.bosche@ibhcorp.com

www.ibhcorp.com

The IBH Family of Companies

