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## About Integrated Behavioral Health



Annually, a group paying a daily wage of \$150 to their 500 employees will lose an estimated 3,345 days in productivity and over \$500,000 in wages due to anxiety, major depression and bipolar disorder.

- National Institute of Mental Health, American Journal of Psychiatry, and Bureau of Labor Statistics

IBH provides doctoral level, multi-disciplinary education and coaching to support self-monitoring and self-care. By this, we've proven behavioral health and chemical dependency conditions are not lifetime problems.

Integrated Behavioral Health (IBH), founded in 1988, is a national, managed care organization serving over 5 million members. Supporting 20,000 companies and unions in both the public and private sectors, IBH is one of the largest managed behavioral health company in the United States.

IBH delivers best-in-class services using our own staff of licensed masters and doctoral level case managers. Partnering with our national, highly credentialed provider network, 90% of our members recover from their behavioral health and/or chemical dependency issues.

**Employee Assistance Program and WorkLife Services** - workplace solutions for management, supervisors, HR, employees, and families to maintain productivity, safety, and life balance

**Managed Behavioral Health TPA Services** - utilization, case, and network management backed by clinical excellence and customer service, all integrating seamlessly with the EAP and delivering a claims trend seven points below industry

**Behavioral Health Case & Utilization Management** – clinically based, multi-disciplinary education and coaching for self-monitoring and self-care as well as coordination with treating professionals and specialty providers. Submitted claims are reviewed by our doctors to ensure providers are billing appropriately

**Resilience Coaching** - doctoral level coaching offers an active personalized model focused on stress-management skills building and unlocking of motivational barriers for individuals stuck in patterns of unproductive or unhealthy living

**Behavioral Health Risk Management** - monitoring and testing program (substance abuse and mental health issues) offers a comprehensive solution for employers, licensing boards, and professional associations to maintain safety and keep trained, experienced workers employed

**Maternity Management** - provides preconception, prenatal, and post-partum resources, including health assessments, ongoing support, and follow-up care, all provided by Registered Nurses

**Wellness Programs** - full spectrum preventive health programs that rely on customized strategies for employers and personal initiatives where every participant can benefit from working one-on-one with their Health Coach

According to the NIMH, a very small portion of those with anxiety, major depression and bipolar disorder receive minimally adequate treatment: 12.7%, 19.6% and 18.8%, respectively. IBH improves access to appropriate treatment and delivers positive outcomes.



IBH is committed to focusing on quality and value to discover the most appropriate behavioral health system to meet the immediate and changing needs of your organization.

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**Absence Management** - support for employers managing employees, covered under FMLA or short-term disability, who are on leave with complex issues that often result in repeated and intermittent absences

**Psychiatric Disability Validation and Management** - IBH clinical staff provide peer-to-peer case review and apply a proprietary, social media scrubbing algorithm that flags suspect cases to ensure your disability dollars are going to those who truly deserve support

**Workplace Violence Consulting** - policy assessment and development; education, training and resources; and professional consultation and guidance that's been utilized by the U.S. Department of Homeland Security

**Human Resource Solutions** - professional guidance for small and midsized employers who lack certain experience and resources to operate in today's complicated business environment

**Telemedicine and HIPAA Compliant Videoconferencing** - alternatives for patients, providers, Accountable Care Organizations (ACOs) and employers to improve access to professional medical and psychological resources

**Screening Tools and Text Based Intervention** - patient focused interactive tools that help providers and ACOs deliver better care in and out of the exam room

**Interactive Web Training** - solutions for members looking for tools at their fingertips and accessible whenever they need them

## **Thank You for Partnering with IBH**

IBH appreciates that you recognize the quality of its programs. As your partner, we are committed to focusing on quality and value to discover the most appropriate behavioral health system to meet the immediate and changing needs of your organization. IBH looks forward to discussing your options and implementing a suite of programs that best addresses your population.

### ***For more information:***

[www.ibhcorp.com](http://www.ibhcorp.com)

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