



**American
Heart
Association®**

life is why™

Healthy For Good

Release & Indemnification for Participant and/or Minor

The Heart Walk involves walking – an activity which may include risks such as, but not limited to, falls, interaction with other participants, effects of weather, traffic and conditions of the road. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising in any way out of my participation in the Heart Walk and related activities. It is my responsibility to dress appropriately. Although route maps, rest stops, refreshments, and other assistance may be made available during this event, I am solely responsible for my own health and safety. I represent and warrant that I am physical fit and able to participate in this event and I agree to stop and request assistance if I experience any symptoms such as, but limited to dizziness, excessive fatigue, shortness of breath, pain or any other conditions which would make it difficult or unsafe to continue. I authorize the use, copyright, or publication of my name, image or voice while participating in the Heart Walk and related activities, as may be captured by photograph or recording in any medium for any purpose, including illustration promotion or advertisement. I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, the American Heart Association, Inc. its Affiliates, offices, directors, volunteers and employees, and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my participation in this event and related activities - whether it results from the negligence of any of the above or from any other cause. This release and indemnification agreement shall be as broad and inclusive as permitted by the state or province in which the event is conducted. If any portion of it is invalid the balance shall continue in full force and effect. I have read, understand and agree to the terms of this Agreement.

If participant is a minor, the parent or guardian must agree to the below: I am the legal guardian of Participant, and I hereby consent to his/her participation. I have read the foregoing release and indemnification agreement, and I hereby agree on behalf of myself and Participant to its terms.

I have read, understand and agree to the terms of this Agreement.

Participant's Signature

Printed Name

Date

If participant is a MINOR (under 18 years of age), parent or guardian must sign below:

I am the legal guardian of above Participant, and I hereby consent to his/her participation. I have read the foregoing release and indemnification agreement, and I hereby agree on behalf of myself and Participant to its terms.

Parent's Signature

Printed Name

Date