

WellManaged Diabetes Program



Nationally, diabetes is consistently a top five trend driver. Our WellManaged Diabetes Program risk algorithm stratifies patients and focuses our interventions to promote optimal health and reduce the financial burden of this disease.

Program Goals

1. Keep pre-diabetics from advancing to diabetes
2. Help diabetics delay disease progression and avoid co-morbidities
3. Increase patient adherence and close gaps in care
4. Keep diabetics in a “well-controlled” clinical status

To address one of the most prevalent chronic conditions, our program emphasizes diabetes prevention, early diagnosis and appropriate treatment. The WellManaged Diabetes Program includes:

- Educational materials
- Medication adherence refill reminders and tips
- Remote glucose monitoring with free cloud meters
- Interventions when blood sugar level is beyond acceptable threshold
- Personalized patient texts with WellConnect
- Health alerts and care reminders for A1C, foot care, eye exams and more
- Prescriber outreach for therapy escalations, adherence concerns and gaps in care
- Counseling from Certified Diabetes Educators for high-risk patients
- Comprehensive client reports

Program Impact

- **Increased medication adherence and formulary compliance**
- **Improved A1C levels**
- **Reduced complications, ER visits and hospitalizations**
- **Reduced PMPY and annual diabetes trend**

Over the past 5 years,
there has been national
growth in spending of
more than

\$27B

associated with diabetes
medications¹

Program Results

1.1%
reduction in A1C

23%
lower PMPM
diabetes spend

17%
decrease in
uncontrolled diabetes

Prevention and Education

Diabetes Prevention

- Diabetes screening via WellConnect and other platforms to identify risk factors.
- Enrollment of at-risk members in a comprehensive diabetes prevention program.

Early Alert Monitoring

- Newly diagnosed or pre-diabetic members receive educational resources to understand diabetes, long-term complications, lifestyle changes to slow disease progression and treatment options.
- Educational videos, articles, group classes, community resources and one-on-one coaching are offered.

Patient Monitoring and Engagement

Medication Adherence

- Clinicians monitor prescription claims for medication adherence and persistence.
- We provide refill reminders and late refill notifications as well as tips and surveys to promote good medication taking behaviors and to provide support when adherence issues are identified.

High-Risk Identification and Counseling

- We risk stratify patients using pharmacy and medical claims to identify and then counsel high-risk members on therapy management and a healthy lifestyle.
- Members can receive access to a top-rated One Touch Reveal PLUS mobile app with evidence-based educational content for self-directed learning to track and improve diabetes control.

Remote Blood Glucose Monitoring

- We offer a no-cost, digitally-connected blood glucose monitor to simplify monitoring for patients.
- Clinicians monitor blood glucose patterns – outreaching to members with consistent control issues.

Prescriber Engagement and Care Coordination

Therapy Change Review

- Pharmacists review all therapy changes, including dose escalations and therapy additions, evaluating prior medication adherence, clinical appropriateness, formulary compliance and cost effectiveness.
- Pharmacists contact prescribers when non-adherence is identified to promote proper coordination of care and ensure therapy changes are done in view of all pertinent clinical information.

Quality of Care

- We review pharmacy and medical claims to identify gaps in care and engage prescribers regarding potential gaps, such as targeted doses of metformin, use of statins and hemoglobin A1C test reminders.
- We give providers quarterly non-adherence alerts, prescription renewal clinical reports and proactively address ongoing non-adherence concerns.

Contact WellDyne to learn more at Sales@WellDyne.com

1. American Diabetes Association. "Economic Costs of Diabetes in the U.S. in 2017." Diabetes Care, vol. 41, no. 5, 2018, pp. 917-928.