# **Specialty Drug Management**

*Is it possible?* 

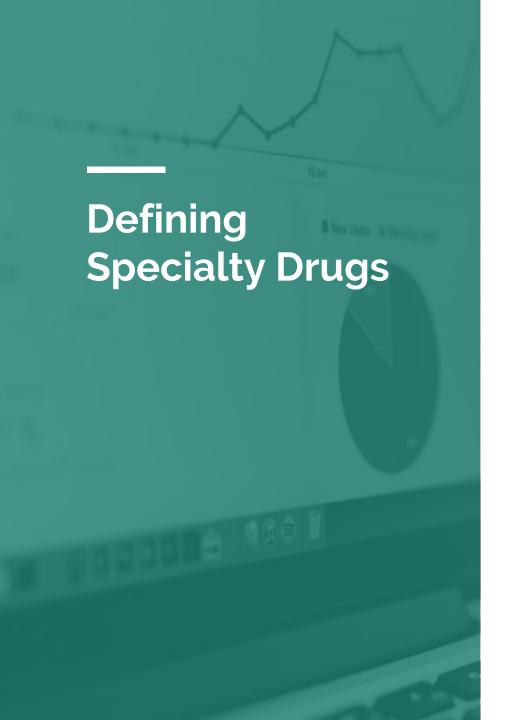


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Source: PwC's Health Research Institute: Behind the Numbers 2015 and analysis of CVS Caremark data.



### **Categories/Types of Specialty Drugs**

- Brands
  - Garden Variety
  - Orphan
  - Super Orphan
  - Brands
- Biosimilars
- Limited Distribution Drugs
- Infused
- J Codes
- CAR-T Drugs



### **Defining Speciality Drugs**

### **Definition Challenges**

- Non Specialty MediSpan- NOT!
  - CMS—\$600/30 Days
  - PBM's—Special Handling, Typically Injectables, etc.

#### **Potential Solutions**

- Contractual
  - Therapeutic Categories
  - Three Pricing Categories—Brand, Biosimilar, LDDs
  - Default Pricing—Future Releases
- Operational
  - Mining J Codes
  - Home Infusion







### CAR-T Drugs

- Zymriah is first to be released
- \$625,000
- Pipeline = 420 additional meds

#### Value Based Chart

- Numerous Challenges
- Precision Medicine
  - Genetically Based Compounds



# Pharma- The Masters of All They Survey

- Direct to Consumer Advertising- \$4.3 Billion= 9:1 ROI
- High Cost Drug Couponing
- JBMA Cancer Medication Study- 57%
- Alignment with PBMs- Rebate Contracts
  - Formularies- Excluded Drugs
  - Control Clinical PA criteria
  - Up to 42% of PBM gross profit margins
  - 14 additional forms of revenue



# Humira- The PBM/Pharma Poster Child – As of 2017

- \$20 Billion Annual Sales
- Lost Patent Protection
- Thicket of Lawsuits- 110
- Essentially extended patent for 6 years
- \$60k per year- raised price 17%
- Enbrel lower net cost after rebates



### Managing High Costs

- Average Cost = \$5,000/Month, \$60K/Year
- Stop Loss = Bad News = Lasers and Potential Off Label Denials
- Complexity = Opportunities for Errors
- Defining What Is/Isn't
  - HIV & Transparent Meds
  - Specialty RX PBM Lists





# High Cost Drugs The Paradigm is Inside Out

- What Do We Currently Focus On?
  - Easy Quantifiable Metrics
    - Discounts
    - Rebates
- What Do We Need To Focus On?
  - Utilization Management
- What Are The Challenges?
  - Visibility
  - Expertise



# AWP Control: Enoxaparin (Blood Thinner)

Manufacturer	Unit Price	AWP at 60 Units	Metric Strength
AMPHASTAR	\$27.00	\$1,620.00	150.00000
AMERINET	\$27.00	\$1,620.00	150.00000
NOVAPLUS	\$18.07	\$1,084.32	150.00000
TEVA	\$35.77	\$2,146.32	150.00000
FRESENIUS	\$35.77	\$2,146.32	150.00000
TEVA	\$79.20	\$4,752.00	150.00000
WINTHROP	\$134.01	\$8,040.66	150.00000
ACTAVIS	\$121.97	\$7,318.08	150.00000
WINTHROP	\$121.83	\$7,309.74	150.00000
SANDOZ	\$121.97	\$7,318.08	150.00000

### **Enoxaparin Injection**





### "Real World" Results

# <u>Dental Prescription</u> - Right Medical Condition, Alternative Drug Was Far Less Expensive

- The patient was given a script for Arestin a \$5,200 injectable antibiotic
- There were less expensive alternatives costing an average of \$150.
- The Clinical Pharmacist contacted the Dentist to discuss the medication.
- The Dentist was unaware of the high cost and immediately issued a script for a less expensive alternative.
- The plan subsequently excluded this medication from coverage.



# Meaningful Savings

<u>Hepatitis C Prescription</u> - Right Medical Condition, Wrong Variables, Wrong Drug

- Review of the patient's medical records/labs indicated that the patient's condition warranted Harvoni x12 weeks, not Viekira plus Ribavirin.
- The Clinical Pharmacist submitted data from clinical trials to the physician to substantiate her findings.
- Result The plan achieved savings of \$89,000
- The patient avoided an extra 12 weeks of therapy.



# Review Results in \$250,000+ savings

# Orkambi Prescription - Right Medical Condition, Wrong Variables - a Drug was Unnecessary

- The PBM approved Orkambi, claiming that the MD had submitted all the necessary paperwork to the Orkambi 'hub.'
- PBM was unable to confirm that patient was homozygous for the F508deL mutation.
- The only approved indication for Orkambi, in fact, the PBM only required a verbal authorization.
- The medical records were requested and received.
- Clinical review revealed that the patient did not have the mutation and did not meet the criteria.

tid for Vertax Pharmaceuticals incorporate
107: 452037 EXP: 07/2017

• This saved the plan \$350K per year for the remainder of the patient's life.

### SCENARIO ONE

DRUG NAME: KORLYM®

DX: NOT LISTED (ASSUMED CUSHINGS SYNDROME)

HX: NONE

#### **CLINICAL CRITERIA**

DIAGNOSIS OF ENDOGENOUS CUSHING'S SYNDROME WITH SECONDARY HYPERGLYCEMIA; **OR** 

- DIAGNOSIS OF DIABETES;
- PATIENT MUST HAVE FAILED OR NOT BE CANDIDATE FOR PITUITARY SURGERY

### **DENIAL REASON(S)**

- No FDA approved diagnosis
- No failed pituitary surgery
- No prior treatment for Cushings Syndrome
- No standard tests to prove Cushings Syndome

**SAVINGS - \$163,000/YEAR** 

### SCENARIO Two

THREE YR OLD MALE PATIENT

DRUG NAME: SABRIL®

DX: COMPLEX PARTIAL EPILEPTIC SEIZURE

Hx: Tried/Failed 2 other seizure medications

#### **CLINICAL CRITERIA**

DIAGNOSIS OF INFANTILE SPASMS; OR

**ALL** OF THE FOLLOWING:

- DIAGNOSIS OF COMPLEX PARTIAL SEIZURES AND
- TAKING ADDITIONAL SEIZURE MEDICATION AND
- TRIED AND FAILED TWO SEIZURE MEDICATIONS AND
- INITIAL AND PERIODIC (EVERY 6 MONTHS) EYE EXAMS

### **DENIAL REASON(S)**

- MONOTHERAPY
- Used for pt >/= 10 yrs old
- Insufficient eye exams
- Due to the risk of potential permanent vision loss

# **SAVINGS** > \$258,000/YEAR

# Methods for Protecting the Future



"She's going to need a prescription for light-headedness. She fainted when I told her how much her meds cost."



### Role of PBM

- Create programs that manage cost & utilization
  - Variable co-pays
  - Outcomes-based drug treatments
- Extract pricing concessions from Pharma
  - Discounts & rebates
- Properly administer Clinical PAs
  - Eliminate disconnects between static protocols and real world administration
- Eliminate coverage for ineffective medications
  - 57% of cancer drugs







- Contractual protection Home Infusion Strategy J Code Analysis
- Home Infusion StrategyPatient Assistance Programs
- Rx Tourism
- International Mail Order
- Carve out Specialty
- Variable Co-pay Programs
- 340b Program Offerings...???
- Hemophilia Factor AssayGuarantee
- Veritas Specialty Rx Clinical PA Oversight Program

